



Gospel Light®

HOME DISCUSSION GUIDE
for Elementary

FALL C
Lesson 6

Hope for Giant Problems!

"The Lord is my strength and my shield; my heart trusts in him, and he helps me. My heart leaps for joy, and with my song I praise him."

Psalm 28:7

What's the biggest problem you and your family are facing right now? On a scale of 1-10, how confident are you that God will help you with this problem? How confident do you think your kids are about God's help with this? Read aloud with your kids the story of David and Goliath from the Bible. (1 Samuel 17.) Talk about how David must have felt before he knew how the story would end. Then retell the story, replacing your child or family's name for David's. Name your biggest problem instead of Goliath. How do you feel about your problem right now, before you know the end of the story? Pray together as a family that God will give you confidence to face this problem in faith, trusting Him to help you through it.

Try This:

Keep a prayer journal with your kids. When a prayer is answered, note the ways God helped you. This is a way to store up powerful ammunition for days when you are going through difficult problems! When you look back at God's answers and reread your own stories, you'll build your faith and hope as a family. When you face new problems, reread the stories of how God has been faithful to you in the past!